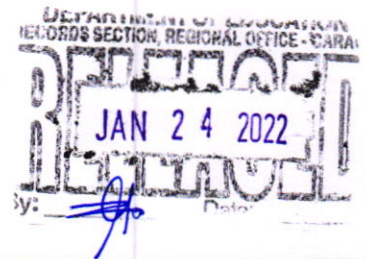




Republic of the Philippines
Department of Education
CARAGA REGION



January 21, 2022

REGIONAL MEMORANDUM

No. 0051, s. 2022

To: SCHOOLS DIVISION SUPERINTENDENTS
This Region

ANNUAL PHYSICAL EXAMINATION OF ALL DEPED EMPLOYEES

1. Pursuant to the DepEd Memo 22, s 2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching personnel) and as per RA 11223 or the Universal Health Care Act and its Implementing Rules and Regulations, all teaching and non-teaching personnel are required to undergo an Annual Physical Examination.
2. The medical examination ensures that all employees are healthy considering that their physical well-being has a significant impact on the delivery of services.
3. The following diagnostic tests shall be required:
 - a. Chest Xray PA view (except for pregnant women)
 - b. Complete Blood Count
 - c. Urinalysis
4. For personnel with existing comorbid conditions (e.g. hypertension, diabetes mellitus, chronic kidney diseases, cardiovascular diseases, etc.) the following additional laboratory tests are required:
 - a. Lipid Profile
 - b. Fasting Blood Sugar
 - c. Creatinine
 - d. SGPT
 - e. BUA
 - f. ECG
5. An oral examination shall also be conducted by the Division Dentist. Oral health services must be done following the protocols stated under DOH Memorandum No. 2020-0327 or the Interim Guidelines on the Management of Patients and Delivery of Oral Health Services During the COVID-19 Pandemic.
6. Strict compliance to DepEd Order No. 14, s 2020, "Guidelines on the Required Health Standards in Basic Education Offices and Schools is a must during the conduct of the physical examination.



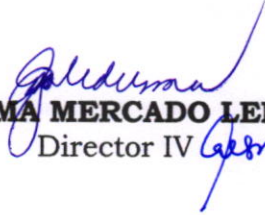
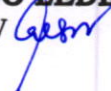
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7. Consolidated reports on the Annual Health Examination shall be submitted via email through caragaessd.hnu@deped.gov.ph on or before April 30, 2022.
8. For your information, guidance and compliance.


MA. GEMMA MERCADO LEDESMA
Director IV 

Encls.: NONE

Reference: NONE

To be indicated in the Perpetual Index
under the following subjects:

ANNUAL PHYSICAL EXAMINATION

DEPED PERSONNEL

ESS/jcc

01/21/2022